



**華心基金會 Chinese Mental Health Consultation Services Trust**

**Address:** 134 Pah Road, Royal Oak, Auckland, New Zealand      **Phone:** +64 (09) 624 4639  
**Postal address:** P.O. Box 26657, Epsom, Auckland, New Zealand.      **Fax :** +64 (09) 624 0881  
**Website:** [www.cmh.org.nz](http://www.cmh.org.nz)      email: [info@cmh.org.nz](mailto:info@cmh.org.nz)

**Vagus Centre**

**Referral form**

Referral Number: \_\_\_\_\_

<b>Name of referring Organisation:</b>		
<b>Name of the referring person:</b>		
<b>Date of Referral:</b>		
<b>Referrer's contact number:</b>		
<b>Action required (please tick):</b>	URGENT (within 72 hours)	
	Medium (within 7 days)	
	Normal (over 7 days)	
<b>Name of clients/ family:</b>		
<b>Age of family members:</b>		
<b>Contact number:</b>	<b>Language:</b>	
<b>Address:</b>		
<b>Reason for referral:</b>		
<b>Service needed (please tick):</b>	Family assessment	
	Risk of violence	
	Family violence intervention	

	Others (specify)	
<b>Does the family:</b>		
	1. have a history of involvement with CYFS/Police	
	2. member with mental health history	
	3. member currently facing court charges	
	4. parents are CURRENTLY undergoing family court proceedings	
	5. have a Protection Order made over the years.	
	6. under the assistance of Counselors/psychological workers	
<b>What is/are your concerns:</b>		
<b>For CMHCST Use:</b>		
Date of receipt of the referral:		
Referral accepted:	Yes/No	
Referral allocated to:		
Data entered to the system (date and who by):		
Others:		

## The Family Harmony Services:

The Family Harmony Service is set up:

1. to enhance family relationships
2. to reduce propensity to serious physical and psychological consequences
3. to provide professional advice enriching family relationships.
4. to encourage the Chinese families to live harmoniously and settle happily in New Zealand.

What we provide:

1. Assessments for individuals and families: the needs; family functioning and safety issues.
2. Counselling Services for individuals / couples / families (up to six sessions)
3. Referral to other Services when appropriate
4. Others:
  - a. Counselling for life crisis.
  - b. Parenting issues
  - c. Culturally appropriate clinical services for Chinese.

Who are we:

1. A team of New Zealand qualified Counsellors of Chinese ethnicity
2. Speaking Mandarin and Cantonese
3. Experienced in working in the NZ health and education sectors
4. Ministry of Justice approved programmes providers under the Domestic Violence Act 1995.
5. Working with the Ministry of Social Development initiated "It is Not Ok" Campaign since 2007.

All services are provided for free.

This service is funded by Family and Community Services of Ministry of Social Development.